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KALI SULPH TISSUE SALT TABLETS

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS Unscheduled

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM
Kali Sulph Tissue Salt (Tablets)

Read all of this leaflet carefully before you start taking Kali Sulph Tissue Salt
Kali Sulph Tissue Salt is available without a doctor's prescription for you to treat a mild condition. Nevertheless you still need to use Kali Sulph Tissue Salt carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Kali Sulph Tissue Salt with any other person.
- Ask your pharmacist or healthcare practitioner if you need more information or advice.
- You must see a healthcare practitioner if your symptoms worsen or do not improve.

1. WHAT KALI SULPH TISSUE SALT CONTAINS
The active ingredient in Kali Sulph Tissue Salt is *Kalium sulphuricum* D6. The other ingredients are acacia gum, copovidone, crospovidone, lactose monohydrate, magnesium stearate, povidone. Contains sugar (lactose 240 mg per tablet).

2. WHAT KALI SULPH TISSUE SALT IS USED FOR
Kali Sulph is a biochemic tissue salt which is traditionally used to help maintain healthy skin, hair and mucous membranes. A biochemic imbalance in Kali Sulph Tissue Salt is traditionally associated with dry, scaly skin or scalp (dandruff), falling hair and yellow, sticky or slimy mucus discharges. Kali Sulph Tissue Salt is also traditionally used to help improve cellular respiration.

3. BEFORE YOU TAKE KALI SULPH TISSUE SALT
Do not take Kali Sulph Tissue Salt

- If you are hypersensitive (allergic) or intolerant to the active or any of the other ingredients in Kali Sulph Tissue Salt.

Take special care with Kali Sulph Tissue Salt:

- If you experience an allergic reaction after taking Kali Sulph Tissue Salt, discontinue use and consult your healthcare practitioner.
- If you want to substitute existing medical treatment, please consult your doctor or healthcare practitioner before doing so.

Taking Kali Sulph Tissue Salt with food and drink
Do not take Kali Sulph Tissue Salt within half an hour of strong coffee, chocolate, camphor or aromatic substances .

Pregnancy and breastfeeding
Biochemic tissue salts have traditionally been used during pregnancy and breastfeeding. It is recommended that if you are pregnant or breastfeeding, that you consult your healthcare practitioner for advice before taking any medicine.

Driving and using machinery
Kali Sulph Tissue Salt does not interfere with your ability to drive or use machinery.

Important information about some of the ingredients
Kali Sulph Tissue Salt contains lactose. Patients with the rare hereditary conditions of lactose or galactose intolerance should not take Kali Sulph Tissue Salt. Lactose may have an effect on the control of your blood sugar if you have diabetes mellitus.

Using other medicines with Kali Sulph Tissue Salt
Always tell your healthcare practitioner if you are taking other medicines. (This includes complementary or traditional medicines.) Kali Sulph Tissue Salt is not known to interact with other medicines.

4. HOW TO TAKE KALI SULPH TISSUE SALT
Do not share medicines prescribed for you with any other person. Always check with your pharmacist or healthcare practitioner if you are unsure how to take this medicine. The tablets should be sucked or chewed so that they dissolve in the mouth. As absorption takes place through the mucous membrane of the mouth, it is desirable to hold the medicine in the mouth, preferably under the tongue, for a short time. For small children, the tablets can be dissolved in a little water and given as a liquid. The mouth should be free of other strong tastes (e.g. toothpaste, peppermint, etc.) when taking the medicine.

The usual dosage is:
Adults and children : 1 tablet 3 times daily. In acute conditions, 1 tablet may be taken every 15 - 30 minutes.
Treatment may be continued for as long as necessary and may be stopped at any time when symptoms are no longer present.

If you take more Kali Sulph Tissue Salt than you should
There are no reported symptoms for an overdose of Kali Sulph Tissue Salt. If a side effect is experienced following an overdose, consult your healthcare practitioner or pharmacist.

If you forget to take a dose of Kali Sulph Tissue Salt
Do not take a double dose to make up for a missed dose of Kali Sulph Tissue Salt.

5. POSSIBLE SIDE EFFECTS
There are no reported side effects for Kali Sulph Tissue Salt. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your healthcare practitioner or pharmacist for advice.

6. STORING AND DISPOSING OF KALI SULPH TISSUE SALT
Store at or below 25 °C in a cool, dry place protected from light and moisture. Keep the container tightly closed. Do not store in a bathroom. **Store all medicines out of the reach of children**. Return all un-used medicines to your pharmacist.

7. PRESENTATION OF KALI SULPH TISSUE SALT
Kali Sulph Tissue Salt tablets are available as 125 tablets packed in a purple glass bottle with tamper-evident screw-on cap.

8. IDENTIFICATION
Kali Sulph Tissue Salt tablets are round, white, bi-convex tablets with a lactose taste.

9. REFERENCE NUMBER
U1454 (Act 101/1965)

10. NAME AND ADDRESS OF THE APPLICANT
CoMED Health (Pty) Ltd., 313 Kuit Street, Waltloo, Pretoria, 0184.
www.comedhealth.co.za (See also www.natura.co.za)
Tel: 012 813 9400

11. DATE OF PUBLICATION
October 2023

12. COMPLEMENTARY MEDICINE
A 34 Other (Homoeopathic medicine)
Disclaimer: This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

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KALI SULPH TISSUE SALT TABLETTE
PASIËNTINLIGTINGSBLAD

SKEDULERINGSTATUS Ongeskeduleerd

HANDELSNAAM, STERKTE EN DOSERINGSVORM
Kali Sulph Tissue Salt (Tablette)

Lees hierdie inligtingsblad sorgvuldig deur voor jy Kali Sulph Tissue Salt neem
Kali Sulph Tissue Salt is beskikbaar sonder 'n doktersvoorskrif. Kali Sulph Tissue Salt moet nogtans met sorg gebruik word om die beste resultate daaruit te kry.

- Bewaar hierdie inligtingsblad. Dit mag nodig wees om dit weer te lees.
- Moet nie Kali Sulph Tissue Salt met enige ander persoon deel nie.
- Vra jou apteker of gesondheidspraktisyn as jy meer inligting of advies benodig.
- Jy moet 'n gesondheidspraktisyn sien as jou simptome vererger of nie verbeter nie.

1. WAT KALI SULPH TISSUE SALT BEVAT
Die aktiewe bestanddeel in Kali Sulph Tissue Salt is *Kalium sulphuricum* D6. Die ander bestanddele is akasiagom, kopovidoon, krospovidoon, laktosemonohidraat, magnesiumstearaat, povidoon. Bevat suiker (laktose 240 mg per tablet).

2. WAARVOOR KALI SULPH TISSUE SALT GEBRUIK WORD
Kali Sulph is 'n biochemiese weefselsout wat tradisioneel gebruik word om gesonde vel, hare en slymvliese te help handhaaf. 'n Biochemiese wanbalans in Kali Sulph Tissue Salt word tradisioneel geassosieer met droë, skubberige vel of kopvel (skilfers), hare vat uitval en geel, taai of slymerige slymafskeidings. Kali Sulph Tissue Salt word ook tradisioneel gebruik om sellulêre respirasie te help verbeter.

3. VOORDAT JY KALI SULPH TISSUE SALT GEBRUIK
Moet nie Kali Sulph Tissue Salt neem

- Indien jy allergies of hipersensitief is teenoor die aktiewe of ander bestanddele van Kali Sulph Tissue Salt of dit nie kan verdra nie.

Wees veral versigtig met Kali Sulph Tissue Salt:

- Stop die gebruik van Kali Sulph Tissue Salt dadelik en raadpleeg jou gesondheidspraktisyn indien jy 'n allergiese reaksie ervaar nadat jy Kali Sulph Tissue Salt geneem het.
- As jy bestaande mediese behandeling wil vervang, raadpleeg jou dokter of gesondheidspraktisyn voordat jy dit doen.

Gebruik van Kali Sulph Tissue Salt saam met voedsel en vloeistowwe
Moet nie Kali Sulph Tissue Salt binne 'n halfuur na sterk koffie, sjokolade, kamfer of aromatiese stowwe neem nie.

Swangerskap en borsvoeding
Biochemiese weefselsoute is tradisioneel tydens swangerskap en borsvoeding gebruik. As jy swanger is of jou baba borsvoed, word dit egter aanbeveel dat jy jou gesondheidspraktisyn raadpleeg vir advies voordat jy enige medisyne gebruik.

Die gebruik en bestuur van masjinerie
Die gebruik van Kali Sulph Tissue Salt beïnvloed nie 'n mens se vermoë om te bestuur of masjinerie veilig te gebruik nie.

Belangrike inligting oor sommige van die bestanddele
Kali Sulph Tissue Salt bevat laktose. Pasiënte met die seldsame oorerflike toestande van laktose- of galaktose-onverdraagsaamheid moet nie Kali Sulph Tissue Salt neem nie. Laktose kan 'n invloed hê op die beheer van jou bloedsuiker as jy diabetes mellitus het.

Gebruik van ander medisyne saam met Kali Sulph Tissue Salt
Vertel altyd jou gesondheidspraktisyn as jy ander medisyne gebruik. (Dit sluit komplementêre of tradisionele medisyne in.) Dit is nie bekend dat Kali Sulph Tissue Salt met ander medisyne reageer nie.

4. HOE OM KALI SULPH TISSUE SALT TE GEBRUIK
Moenie medisyne wat vir jou voorgeskryf is, met enige ander persoon deel nie. Raadpleeg altyd jou apteker of gesondheidspraktisyn indien jy nie seker is hoe om hierdie medisyne te gebruik nie. Die tablette moet gesuig of gekou word sodat dit in die mond oplos. Aangesien absorpsie deur die slymvlies van die mond plaasvind, is dit wenslik om die medisyne vir 'n kort tyd in die mond te hou, verkieslik onder die tong. Vir klein kinders, kan die tablette ook in 'n bietjie water opgelos word en as 'n vloeistof geneem word. Die mond moet vry wees van ander sterk smake (bv. tandepasta, peperment, ens.) wanneer die medisyne geneem word.

Die gewone dosis is:
Volwassenes en kinders: 1 tablet 3 keer per dag. In akute toestande kan 1 tablet elke 15 - 30 minute geneem word.
Behandeling kan voortgaan vir so lank as wat nodig is en kan op enige stadium gestop word wanneer simptome nie meer teenwoordig is nie.

Indien jy meer Kali Sulph Tissue Salt gebruik as wat nodig is
Daar is geen aangemelde newe-effekte van oordosering met Kali Sulph Tissue Salt nie. Indien jy 'n newe-effek ervaar na 'n oordosering, raadpleeg jou gesondheidspraktisyn of apteker.

As jy vergeet om 'n dosis Kali Sulph Tissue Salt te neem
Moet nie 'n dubbeldosis neem om vir 'n oorgeslaande dosis van Kali Sulph Tissue Salt op te maak nie.

5. MOONTLIKE NEWE-EFFEKTE
Daar is geen newe-effekte vir Kali Sulph Tissue Salt aangemeld nie. Indien jou algemene gesondheid versleg of indien jy enige newe-effekte ondervind wanneer jy hierdie medisyne gebruik, raadpleeg jou gesondheidspraktisyn of apteker vir advies.

6. BERGING EN VERNIETIGING VAN KALI SULPH TISSUE SALT
Bewaar by of benede 25 °C in 'n koel, droë plek en beskerm teen lig en vog. Hou die houer dig toe. Moenie in 'n badkamer stoor nie. **Bewaar alle medisyne buite bereik van kinders**. Bring alle ongebruikte medisyne aan jou apteker terug.

7. AANBIEDING VAN KALI SULPH TISSUE SALT
Kali Sulph Tissue Salt tablette is beskikbaar as 125 tablette in 'n pers glasbottel met 'n wit skroefprop en sekerheidseël.

8. IDENTIFIKASIE
Kali Sulph Tissue Salt tablette is ronde, wit bikonvekse tablette met 'n laktose smaak.

9. VERWYSINGSNOMMER
U1454 (Wet 101/1965)

10. NAAM EN ADRES VAN DIE APPLIKANT
CoMED Health (Pty) Ltd., Kuitstraat 313, Waltloo, Pretoria, 0184.
www.comedhealth.co.za (Sien ook www.natura.co.za)
Tel: 012 813 9400.

11. DATUM VAN PUBLIKASIE
Oktober 2023

12. KOMPLEMENTÊRE MEDISYNE
A 34 Ander (Homeopatiese medisyne)
Vrywaring: Hierdie ongeregistreerde medisyne is nie deur SAHPRA vir sy kwaliteit, veiligheid of voorgestelde gebruik geëvalueer nie.